

Government Guidelines

During the COVID pandemic, I will be following the Government advice on how to stay safe. Should this advice change (whether nationally or locally), this may result in short term changes to the way I practice.

Things I'm doing to keep you safe, at all times.

I have introduced a number of measures in order to provide a safe environment for you.

- Counselling chairs have been set at least 2 meters apart, to allow for social distancing
- After each session, all contact surfaces will be cleaned appropriately
- For the foreseeable future, I will no longer be providing any drinks or tissues

In order to keep a safe environment, this is what I require from you:

- Sanitise your hands upon entry and wear a mask in communal areas where we cannot guarantee a safe two meters between one another and others working within the same building or, others visiting.
- Keep your belongings with you
- You are welcome to bring your own drinks and tissues, but please take any rubbish away

with you

Facilities

The toilets are shared for the whole building and should you need to use them I cannot guarantee the sanitisation procedures for these shared areas.

Symptoms

In the event that either you or I (or anyone in our households) develops symptoms, you must not attend the session in person. Where possible, the session will be facilitated by video call or telephone. I will also give you as much notice as possible in this case, and I would ask that you reciprocate the same communication.

Should you need to contact me at short notice, do not hesitate to contact me on the email and mobile number noted below.

Please confirm your preferred contact details:

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Track and Trace

Should I test positive for coronavirus, I may have to disclose your details to 'Track and Trace'. If I am required to do so, I will provide information around the dates, times and nature of our contact only and, not any content. Should you test positive, I am happy for you to provide my name and phone number to 'Track and Trace'.

Declaration

I fully understand and agree that Cloud 9 for life is maintaining the recommendations set out by the Government to protect staff and clients against catching COVID-19. With this, I agree to take full and sole responsibility of any consequence as a result of attending face to face sessions. I therefore relinquish Cloud 9 for life from any responsibility should I catch COVID-19. Further, I agree to AVOW holding this form, in accordance to data protection, in case my practitioner is incapacitated.

Client's Signature:

Practitioner Signature:

Date: _____

Website - <u>www.cloud9forlife.com</u> Email - <u>info@cloud9forlife.com</u>

Contact - 07925 - 540690